

Infinity All Stars
183 East Main Rd.
Fredonia, NY 14063
www.InfinityDanceAcademy.net



**Infinity All Star Cheerleading & Dance
2010 – 2011 All Star Program Information**

RULES & REGULATIONS

GENERAL

- Only registered athletes are allowed in the practice area. Sibling, family members and friends must wait in the waiting area. Please keep the noise level down as there are other classes going on.
- No food, drinks, or gum are permitted in the practice area.
- All trash needs to be disposed of in the appropriate trash receptacles.
- Cell Phone are not permitted in the practice area.
- Infinity is not responsible for any lost or stolen items.
- The provided e-mail must be checked regularly to be informed of any updates or changes. There is no excuse for me being uninformed when the information has been provided.
- The Infinity name and logo cannot be printed on anything with our Cheryl's approval. *Legal action may be exercised if this rule is violated.*
- All choreography including cheers, dances, stunts, transitions tumbling, music, etc. should not be shown or discussed with others.

TEAMS

Infinity retains the right to:

- Place athletes on the team(s) it feels will best suit them and the program.
- Move, replace, add, suspend or even dismiss an athlete for a period of time or indefinitely from a team or the entire program based on criteria including but not limited to: Attendance, Conduct, Skills, Finances, or Parent Conflict.
- Decide if an athlete may participate on more than one team.
- Decide the roles and/or positions an athlete will have on their team(s).
- Request that an athlete or team take additional classes or camps to improve their skills.
- Request that an athlete or team practice longer than their regularly scheduled practice time if deemed necessary.

SPORTSMANSHIP/CONDUCT

All Athletes AND Parents must always:

- Set a positive example for others to follow.
- Be respectful and courteous to everyone.
- Refrain from gossiping or any form of verbal or physical confrontations. This includes Facebook, Myspace etc.
- Refrain from celebrating the misfortune or defeat of another person, team, or program.
- Accept team placements and awards with dignity and class.
- Make the coach aware of any situations that may be occurring.

PRACTICES

Following try outs, practice times will be listed on www.InfinityDanceAcademy.net. Copies of the practice schedule are available upon request in the office.

When you are placed on an Infinity All Star team, you are making a big commitment! Attendance at all practices is MANDATORY. We take attendance very seriously, as EACH team member is extremely important! **It is the coach/management's discretion whether or not athletes may participate in competition if there are too many absences and or causes of tardiness. All athletes must be present the practice prior to the competition.**

ALLE (Absence/Late/Leaving Early) Forms

There are specific policies for tardiness and/or absence from practices. If, for any reason, an athlete must miss OR be at least 15 minutes late for/leave early from a practice or other event, he or she **MUST** fill out an ALLE form. It should be turned in at least 1 practice prior if possible. The form must contain the athlete and parent/guardian signature. Not only will the ALLE form allow us to know that the athlete is safe and accounted for, but these forms will be kept in your file to determine your eligibility. Just because you fill out an ALLE form does not mean the absence is excused. If you know you will be late, leaving early, or absent on a certain day, you will fill out an ALLE form as soon as possible, and submit it before the practice. These are submitted to your coach, who will then make note of your request and put it in your main file. If your absence or tardiness is not known in advance, you must notify your coach by calling the studio before practice starts. You must fill out an ALLE form in order to return to the next practice. If you are running 5 minutes late, call the gym...only because we care about you and worry if you're not there on time! The ALLE forms will be available in the office or from Lindsey upon request.

ALLE forms need to be turned in ASAP. If it is a school function that you are involved in an ALLE form is required and should be turned in well in advance. When I know that there are numerous athletes missing I can reschedule practice for another date.

Additional Practices

Additional practices may be scheduled by your coaches, especially during the competitive season. These practices are at the coach's discretion, and attendance is mandatory. Infinity is committed to the success and confidence of their teams, and will decide if they need more time together to be ready for a performance. You will be informed of any extra practices as far in advance as possible.

Excused Absences

There are two reasons that we will allow missing practice. 1) School events that you are **graded on** (such as a chorus concert), in which you need to give at least 2 weeks notice, and 2) illness with a high fever, vomiting, or contagiousness (such as strep throat). A doctor's excuse may be necessary.

Additional Notes and Policies

- We ask that families schedule vacations around our competitive season and practices.
- If you have the sniffles and just aren't feeling great, or twisted your ankle at the last practice, come to practice and watch so that you do not miss any changes that affect you.
- If you miss practice because of an injury or illness, you **MUST** have a doctor's note to return for liability purposes. Please ask for these from your doctor when you go so that you do not delay your return!
- If you are injured or sick at practice please make the coach aware of it.
- The staff at Infinity realizes that everyone – including us! – have a life and many commitments outside the gym. During the summer, our policy is that “if you are in town, you are at practice.” The same attendance procedures apply, and you must notify your coaches in advance of any absences.
- We realize some athletes wish to also participate in school cheerleading. We will try to accommodate to your wishes, and will try to work cooperatively with your school program. However, this also takes the cooperation and compromising on the part of your school coach. You need to find out before you decide to try out for school if your coach is willing to work with your schedule. Please consider this before you try out for Infinity and/or your school program. Also, during our competitive season (Jan –March), Infinity **MUST** take precedence.
- Arrive at least **10 minutes** early to all Infinity activities which include practice.

COMMUNICATION

Monthly Newsletters will be given out at the beginning of every month. These Newsletters are also available through e-mail when you sign up at our website. Parent Meetings are also held often during the season. There will be a schedule of all of the meetings. If you can not attend a meeting it is your responsibility to obtain any information that was given that night. Communication is the key to success!

Communicating with your child's coaches is very important! We are open to any questions or concerns you may have throughout the year. However, there is an appropriate time and place to do so. We ask that coaches are not approached about individual issues at the gym at any time (unless it involves health, injuries, or other important information about an athlete that needs immediate attention). If there is an issue involving your child that you have a question about, please feel free to call or email the coach of your team. Please allow us 72 hours to reply to your email or call. We will do our best to foster excellent communication!

PAYMENTS

- ★ Tuition is due at the beginning of each month. A late charge will be assessed after the 10th of the month. Failure to pay will result in the athlete sitting out of practice, which may make them ineligible for competition.
- ★ Competition fees will be divided into 3 installments.
- ★ Registration Fee must be paid prior to Placement Camp.
- ★ **Payments will be strictly enforced!** All money that is due will have due dates. Failure to pay will result in the athlete sitting out of practice, which may make them ineligible for competition.
- ★ Receipts are available upon request.
- ★ If you ever have any questions on payments please see Cheryl.
- ★ **All money paid is NON REFUNDABLE.**

DRESS CODE

Infinity Facility:

- ★ All athletes are expected to maintain good personal hygiene at all times
- ★ All athletes will wear socks and sneakers during practices, unless otherwise directed by their coach
- ★ Sneakers must be clean. We ask that you wear other footwear and change into your sneakers upon arrival. Please do not wear your cheer sneakers outside.
- ★ Please do not wear jean material shorts or pants; athletes will not be able to participate with this on.
- ★ NO jewelry at any time! This is a USASF as well as a gym rule. Please wait to get new piercing until during the off-season; if you can't or won't take them out, you will be unable to participate.

Competitions:

- ★ Athletes will arrive at the meeting spot following the team coach's directions on what they should be wearing at that point.
- ★ Athletes will be given their bow before the competition and are expected to return the bow to the proper bag neatly. If anything happens to your bow, you will need to purchase a new one.
- ★ Uniforms should be clean and have a neat appearance. It is MANDATORY that you follow all rules for taking care and cleaning uniforms and costumes.
- ★ Competition sneakers should NEVER be worn outside! Keep them nice and clean.
- ★ Visible tattoos must be covered up while in uniform
- ★ Athletes should NOT walk around without their uniforms zipped appropriately.
- ★ Athletes will be IN FULL UNIFORM for awards – as if they are competing. NO EXCEPTIONS!

TRAVEL

In addition to local competitions, Infinity All Stars will attend 4-5 out of town competitions during the 2010-2011 season. These competitions are all on weekends, and will be two-day competitions (where the teams perform Saturday and Sunday).

Traveling Rules and Guidelines

- ★ All travel arrangements are made through Infinity for all athletes
- ★ Athletes that are on a Youth team or younger must be accompanied by a parent or guardian.
- ★ It is very important that it is understood that families are more than welcome on our trips, HOWEVER, this is not a family vacation. Our #1 priority is the competition.
- ★ Itineraries will be given out approximately one week prior to competition.
- ★ It is expected that everyone is on their best behavior while traveling.
- ★ More information will be available throughout the season.

PARENTS

Parents – what would we do without you? You drive, work, cook, clean, drive, iron, hug, help with homework, drive some more, and travel all around the country so your child can do something they LOVE – and you are much appreciated and admired! We want to create a very welcoming, open, and cooperative parental atmosphere at Infinity– and to do this, we need your help. The life skills your child will develop at Infinity can only be fully developed with your reinforcement. The conduct we expect from our athletes is the conduct we expect our parents to role model at all times.

Being a part of an all-star cheerleading organization is an incredible experience – especially as a parent! You will feel unbelievably proud of your child as they acquire a new skill or have an amazing performance. However, there are times in every sport where an athlete has a “not-so-good-day”. Things happen, and the most important thing to remember is that these are CHILDREN – they WILL make mistakes. During these times, we ask that you please show comfort and understanding. Children will be hard enough on themselves, and during the hard times, they need your support more than ever. It is the *coach’s* job to let the athletes know where they may improve something or fix an error. Please do not cross that line – not only does it take authority away from a coach, but it is very confusing to a child. If you feel that you need something clarified, please speak to the coach at an appropriate time, away from your child if necessary.

Parent Pledge

1. I pledge to get my child to practice and other Infinity events on time. I understand the accompanying procedures for being late (ALLE form) and that I may be putting my child at risk by not providing adequate time for warm up. I will be on time to pick up my child from all practices and other Infinity events. This shows respect for the coach, and it tells my child that he or she is my top priority.

2. I pledge to use positive encouragement to emotionally support my child at all times. I understand that fewer than 1% of youth sports participants receive college scholarships, and that the top three reasons kids play sports are a) to have fun, b) to make new friends, and c) to learn new skills. I will keep my mind in the proper perspective and remember that this is about my child.

3. I pledge to reinforce the ELM Tree of Mastery with my child (E for Effort, L for Learning and M for bouncing back from Mistakes). Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any sport and that athletes learn from their mistakes. I understand that children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self.

4. I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved in any cheerleading event including coaches, my child's teammates, other teams, opposing fans, and judges.

5. I pledge to refrain from entering the gym during practice times.

6. I pledge to refrain from making negative comments about my child's coach in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience.

Competitions

The competition schedule is not finished yet for the 2010-2011 season. We are currently working on finding affordable competitions with a great value. We will get a schedule out as soon as the competition companies post their dates for the upcoming season. Some teams may attend additional local or regional competitions with adequate notice. We will give information on these events as soon as it is available. All competitions are **MANDATORY!** This is what our teams work so hard for!



ALLE Form

Date: _____

I, _____, will be:

(circle one)

Late to

Leaving Early

Missing

Practice on the following date(s). _____

How late will you be or how early will you need to leave from practice?

What is the reason that you will be missing, be late or leaving early from practice?

(Athlete Signature)

(Parent Signature)



Rules and Regulations Contract

My son/daughter and I have read the Infinity All Star Rules and Regulations Contract in its entirety and understand its contents. I understand the responsibility my child is undertaking by becoming an Infinity All Star member. I agree to fully support my child and will encourage them to fulfill their commitment. I also understand that by signing this contract I am bound to not use my Childs participation in this program as a form of punishment as I realize that it also punishes their team and the entire Infinity All Star program. Furthermore, I understand that being an Infinity All Star member is a commitment on the part of the parent as well. I realize that when representing the Infinity All Stars I must always conduct myself with class and responsibility, I understand that any athlete or parent does not abide by the rules and regulations contained in this contract, that is consistently negative or acts in a manner that jeopardizes the name and reputation of the Infinity All Star program, will be subject to removal without refund. In addition, I agree to give the Infinity All Stars full permission to seek medical attention and/or take and action deemed necessary to insure the safety and wellbeing of my child and those around them.

Athlete's Name Printed

Athlete's Signature

Date

Parent/ Guardian's Name Printed

Parent/Guardian's Signature

Date